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கல்வி அமைச்சு
Ministry of Education

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'இசுரூபாய்', பத்தரமுல்ல, இலங்கை.
'Isurupaya', Battaramulla, Sri Lanka.
☎ +94112785141-50 ☎ +94112785818
✉ info@moe.gov.lk 🌐 www.moe.gov.lk

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திகதி
Date } 22.01.2019

Circular No: 02/2019

All Provincial Secretaries of Education
All Provincial Directors of Education
All Zonal Directors of Education
All Principals

School Health Promotion Programme

This Circular will be effective hereinafter superseding the Circular No. 2007/21 dated 08.10.2007 issued earlier pertaining to the above matter.

Perfect health of a person depends on several aspects and they can be classified as physical, mental, social and spiritual health. Attention should be focused on all these aspects at the same level for bestowing a healthy child to the society. School is the place from which this task can be initiated.

The key objective of this programme is to promote activities under the School Promotion Programme focusing the full attention of the school community on making the school premises a promotion place to develop the perfect health of the students. Accordingly, it is the responsibility of the principal to implement the School Health Promotion Programme by obtaining the co-operation of the school students, teachers, parents and well-wishers of the school.

2.0 The following objectives should be compulsorily accomplished for achieving the aforementioned key objectives.

- 2.1 Preparation of a Health Promotion policy.
- 2.2 Development of knowledge and competencies on health promotion within school students.
- 2.3 Creating a favourable environment in the schools for promoting health.
- 2.4 Obtaining the participation of the school community including school students, teachers for the promotion of school health.
- 2.5 Effectively obtaining the school health services carried out with the assistance of the Ministry of Health for the promotion of health.

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கௌரவ அமைச்சர்
Hon. Minister } ☎ +94112784832
☎ +94112784825
✉ minister.education@moe.gov.lk

ලේකම්
செயலாளர்
Secretary } ☎ +94112784811
☎ +94112785162
✉ secretary.education@moe.gov.lk

3.0 Basic aspects that attention should be focused in making arrangements for promoting physical and mental wellbeing within the school.

3.1 Creating a child friendly environment without harms, abuses, harmful punishments and violence.

3.2 Maintaining school premises beautifully, safely and attractively.

3.3 Maintaining lavatories and urinals cleanly and quantitatively.

3.4 Availability of drinking water facilities.

3.5 Evaluating student health condition and nutritional condition and making required interventions.

3.6 Creating a child friendly psycho – social atmosphere for school students.

3.7 Creating equitable circumstances and opportunities for each student.

3.8 Ensuring the right to come to school for all the children.

4.0 Implementation and Regulation of the Programme

School Health Student Societies and Health Promotion Advisory Committees already established in school, zonal and Provincial levels should be revised as follows and implemented for the direction of this programme successfully in schools and other institutions.

4.1 Student School Health club.

Student Societies on School Health Promotion should be established for determining and implementing school Health Promotional activities. It is appropriate to establish student societies on Health Promotion separately for primary and secondary sections. All the ranks and responsibilities of student societies on School Health Promotion should be assigned to students.

4.1.1 Composition

The student society on School Health Promotion comprises of a Chairman, Co-Secretaries, a Treasurer and the committee and these ranks are open to all the students.

4.1.2 Responsibilities

- Preparation of a policy on Health Promotion subsequent to identifying the issues in the school.
- Preparation of an Annual Plan related to School Health Promotion and implementing it subsequent to granting approval of the Health Promotion Advisory Committee.
- Conduct of meetings monthly and reviewing the progress of the related activities and implementation and regulation of the plan.
- Taking necessary action in compliance with the Health Promotion Evaluation criteria.
- Conducting a School Health Day.

4.2 Advisory Committee on School Health Promotion

4.2.1 Composition

Principal (Chairman)

Deputy Principal/ Sectional Head/ Teachers in charge of Health Programmes

Deputy Principal/ Sectional Head in charge of Primary Section

Maximum 03 teachers (The principal is able to appoint teachers depending on the number of students.)

Service of teachers of Health and Physical Education/ Counselling/ Life Competencies/ Science and other teachers can be obtained for this purpose. Student Representatives - Chairman/ Co- Secretaries and the Treasurer of the School Health Society/ Minister in charge of Health and Nutrition of the Student Parliament.

Parent Representatives (Maximum 05 parents)

Public Health Inspector

External Well wishers

4.2.2. Responsibilities

- Guidance for the activities of the Health Promotional Students' Societies of schools and regulation and feeding back of Programmes.
- Conducting tri - monthly meetings and focusing attention on the promotion of school health
- Obtaining the active community participation for health promotion Programmes.

4.3 Zonal Health Promotional Committee

4.3.1 Composition

Zonal Director of Education (Chairman)

Deputy Director of Education / Assistant Director of Education in charge of health programmes in the Zone.

Deputy Director of Education / Assistant Director of Education in charge of Nutritional programmes in the Zone.

Deputy Director of Education in charge of the Subject of Primary Subject in the Zone

Deputy / Assistant Director of Education in charge of the subject of Special Education in the Zone.

Deputy / Assistant Director of Education in charge of the subject of Counselling in the Zone.

Deputy / Assistant Director of Education in charge of the subject of sports and physical education in the Zone.

District Consultant Community Physician (Maternal and Child Health)

Maternal and Child Health Medical Officers 01

Medical Officer (Mental Health) 01 Medical Officer of Health, Divisional Directors of Education

Divisional Administrative Public Health Inspector Health Education Officer

4.3.2 Responsibilities

- Conducting tri-monthly meetings in the Zonal Level and evaluation and regulation of activities related to the School health promotion.
- Provision of the required feedback to implement the school programmes successfully. Taking steps to provide the required support services.
- Provision of school lists who achieved gold, silver and bronze medals and certificates in the evaluation, to the Provincial Committee and the Ministry of Education.

4.4 Provincial Health Promotional Committee

4.4.1 Composition

Provincial Secretary of Education (Chairman)

Provincial Secretary of Health

Provincial Director of Education

Provincial Director of Health Services

Divisional Directors of Health Services

Provincial/ District Community medical specialist (Maternal and child Health)

Deputy Director of Education in charge of Provincial Health Programmes

Deputy Director of Education in charge of Provincial Nutritional Programmes

Deputy Director of Education in charge of Provincial Planning

Provincial Director in charge of Primary Education Provincial Director in charge of Special Education

Director of Education in charge of Provincial Counselling Programme

Deputy / Assistant Director of Education in charge of the subject of sports and physical education in the province.

Accountant (Provincial Department of Education)

4.4.2. Responsibilities

- Determining the Health Promotion Policies in Provincial level as per the National Policy.
 - Evaluation and regulation of activities related to Provincial level School Health Promotion subsequent to conducting meetings twice a month.
 - Sending the prepared reports to National Level Committee after conducting meetings.
- Provision of feedback required to implementing the school programmes successfully.

4.5 National Level Health Promotional Committee

4.5.1 Composition

Secretary of the Ministry of Education

Secretary of the Ministry of Health

Two Officers nominated by the Secretary of the Ministry of Education

Two Officers nominated by the Secretary of the Ministry of Health

An Officer nominated by the Secretary of the Ministry of Massmedia and Information
Additional Secretary (Education Quality Development) of Ministry of Education
Additional Secretary (Policy Planning and Performance Review) of Ministry of Education
Chief Accountant of the Ministry of Education
Director of Family Health Bureau
Director of Health Promotional Bureau
Director of National Mental Health Unit
Director (Non-contagious Diseases Unit)
Medical Specialist in charge of School Health Programmes in the Family Health Bureau
Director of Education in charge of Health and Nutritional Programmes of the Ministry of Education
Director of Education (Primary Education) of the Ministry of Education
Director of Education (Non-formal and Special Education) of the Ministry of Education
Director of Education (Sports and Physical Education) of the Ministry of Education
Director of Education (Co-curricular, Guidance and Counselling) of the Ministry of Education

4.5.2 Responsibility

- Deciding about the School Health Promotional Policies in the National Level
- Evaluation and regulation of activities related to the school health promotion by conducting meetings twice a year.
- Provision of the feedback required for the implementation of school Programmes successfully.

Establishment of Committees and the conduct of Committee meetings in due period are the responsibilities of the Chairman of every Committee.

5.0 Evaluation

Evaluation of the Health Promotional Programmes that are being implemented in each school in relation to the objectives and fundamental aspects for which attention should be focused for the promotion of health within the School and identification of schools which have reached the expected level and the annual issuance of a certificate of evaluation (Annexure 1 Evaluation Sheet) by the Zonal Directors of Education in order to appreciate such schools.

5.1 Board of Evaluation in the Zonal Level

The Board of Evaluation in the Zonal Level should comprise of 4 officers nominated by the Zonal Director of Education including a Divisional Director of Education or his representative, Medical Officer of Health or his representative. Certificates should be awarded in Zonal level to schools which obtain highest marks as per the evaluation sheet.

